



## Spiritual Connection-

Staying connected to Our Roots (My Guru is my Physician) reminds us that medicine takes effect when accepted with prayer.

*Equality*  
FOR *Women*

## Women Empowerment-

SICR is committed to women's empowerment, drawing inspiration from Gurbani (Why call her inferior, from whom kings are born).



## Representation Matters-

Working towards improving Sikh representation, overcoming health disparities, and improving health equity.

**Scan the QR codes to get in touch with us.**



**YouTube**



**Instagram**



**Linkedin**



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## Contact Us:

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Follow us on social media for updates on our events and projects.

Empowering Sikhs in Clinical Research

# SIKHS IN CLINICAL RESEARCH

## Mission

Raising the awareness of clinical research as a career, care, and treatment option.

Founder-  
Ekta Grewal



# Ongoing Projects:

## Guest Speaker Series-

SICR has hosted over 35 guest speakers, including experts, professionals, and advocates, who share their knowledge and insights on clinical research topics.



## On-the-Ground Outreach-

SICR has organized more than 50 educational events across various states in the USA. These events aim to directly engage with community members, offering information, resources, and guidance about clinical research as a career, care, and treatment option.



## Patient Interview PODCAST

A new SICR initiative amplifies real patient voices, highlighting their unique healthcare journeys, the challenges they faced, the decisions they made, and the hope they found along the way.

## Internships-

Internships / Scholarships for the youth interested in medical / clinical research careers.



Preet Kaur

### I GOT A JOB!

Ekta WILL GO ABOVE AND BEYOND for you. Best character in a Mentor! Because of her help, I could land a job in a hospital. Her way of teaching is immaculate. I can not say enough great things about Ekta- The best trainer I met who brought hope and put it all in perspective for me. Her kindness, the time she invested in me without any personal gain, and the platform she gave me to learn and grow are things I can never repay.



## Sikh Patient Advocacy-

Advocating for Sikh inclusion in clinical trials and culturally competent care is crucial to ensuring that Sikh patients' health needs are accurately represented, respected, and effectively addressed.



## Promoting the use of PUNJABI

SICR encourages the promotion of especially among Sikh children. This focus aims to reduce future language barriers between healthcare providers and patients, fostering a stronger connection in healthcare settings.



## Educational Resources-

**Resources at our website-** Free training links, Sikh patient care guide, Guide for doctors to clinical research, Children's books, and FDA clinical research information brochure translated into Punjabi, and many more.